

A

Airport Terminals LGW North Terminal - BA
LGW South Terminal - Easyjet
BHX Terminal 1 - Flybe
MAN Terminal 2 - Jet2.com

Accommodation Please refer to your Itinerary for information on the type of accommodation you have booked.

Ambulance In the event of an emergency please contact Security or the switchboard.

B

Baggage Your baggage allowance varies dependent upon airline. Please see Flight Details in our "Download Centre" for further information.

Banks There are many banks around the resort at La Plaza and Las Sabinas centers. Please remember that your passport is required for any transaction over the counter.

Baby Sitting Please note: Barwell do not recommend any particular person nor do we take any responsibility for their actions. The hotel and Las Lomas can arrange babysitters for you. If you are staying in private self-catering accommodation, ask your management company for advice on babysitters.

Bus Service A resort bus operates for anyone on resort during the summer months and will take people to most of the sports activities and restaurants on resort at designated stops. Local Buses operate from Los Belones to Cartagena. There is also a bus service that runs along La Manga Beach. Hyatt guests have use of a shuttle bus all year round.

Bureau de Change Located opposite La Plaza. Open 6 days a week and they are open between 10.00 - 14.30 & 15.30 - 18.00.(Times may vary).

Bicycles Can be hired through 'Biking La Manga' See "Sports Activities" in the "Download Centre"

C

Car Hire Due to the sheer size of the resort plus the many other local attractions in the area we definitely recommend car hire. If you have booked a car to collect at the airport, your keys must be collected from the car hire representative (see Itinerary document). If you choose to book one once you have arrived, then please call in or call our office at Los Naranjos and we can arrange for one to be delivered for you (Subject to availability). You need to hold a full UK drivers licence and be aged over 21 to hire a car.

Car Parking If you are driving to your departure airport why not organise your parking with Barwell Leisure.

Children's Club See Mini Club under "Sports & Leisure" pages

Churches There are two catholic churches in the area, one in Los Belones and the other in Cabo De Palos. Mass is held on Sunday in Los Belones at 12 noon and 10.30am in Cabo De Palos. Services are also held one Sunday a month at Las Lomas within La Manga Club. See T.V information channel.

Consumables If you have rented a villa or apartment, your property will be equipped with a basic starter pack, toilet rolls, soap and a few bin-liners. However should they run out they can be purchased from any supermarket. (See supermarkets)

Credit Cards All major credit cards are widely accepted in Spain. You can also withdraw cash from the cash machines at the various banks around the resort. (See 'Banks').

Currency The currency in Spain is the euro. The approximate exchange rate if you are trying to work out costs is 1.42 euros to the pound (sterling). This rate obviously fluctuates regularly. Bank notes come in denominations of .5, .10, .20, .50, .100, .200 and .500. Coins come in denominations of 1c, 2c, 5c, 10c, 20c, 50c, .1, .2

D

Dentists For emergency dental treatment, the local dentist can be called on 968 137210 or 968 564979.

Doctors The medical centre is situated by the telephone exchange near Bellaluz and is open from 10.30am until 1.00pm from Monday to Saturday. There is an afternoon surgery on Tuesdays from 6.00pm until 7.30pm. No appointment is required although in high season it is advisable to phone beforehand. Telephone the operator and ask for extension 2255 or the Doctor.

Drinking Water It is not advisable to drink tap water. Bottled water is widely available throughout the resort.

Drinks Basically you cannot go wrong with the wine in Spain. The choices are 'Tinto' (red), 'Blanco' (white) and 'Rosado'(rosé).The 'vino de casa'(house wine) is generally very drinkable. The Spanish would recommend their wine from the Rioja region. For the highest quality look for the classification 'Denomination de Origin Calificada'. Some other wines to look out for are Muga and Cune. For celebrating with a bubble, go for a sparkling white Cava or a dry Valformosa. In Spain, if you want a beer, ask for 'Cerveza'. San Miguel is one of the best and can be found in most bars and restaurants. Some of the locals have their favourite drinks such as 'Clara', which is a combination of lemonade and beer,

shandy, as we know it. 'Agua de Valencia' is champagne with orange juice (Bucks Fizz). Coffee with milk in Spain is 'cafe con leche' without is 'cafe solo'. A coffee with a dash of milk and a fairly strong flavour is 'Cortado'. After dinner liqueurs are delicious in Spain especially the hazelnut known as Avellana, or alternatively the peach and apple schnapps that are served chilled.

Duty Free Although duty free has now been abolished you can purchase perfumes, tobacco and some alcoholic drinks from the shops within Murcia airport's terminal building at competitive prices

E

Eating Out There is a wide range of cuisine available on the resort. Please see index for pages on restaurant guide within this booklet.

Electricity The standard current is 220v, which is the same as the UK, but with a continental 2-pin plug. If you take appliances you will need a universal adaptor plug.

Emergencies (general) Barwell Leisure have an office on resort at Los Naranjos, the office is open 6 days a week from 10.00 am to 6.00 p.m. Monday to Friday and 9.00 am to 6.00 p.m. on Saturdays. Out of hours there is an emergency number, which is 968175150 and choose the 1st option. The Spanish equivalent to 999 is 091. If you wish to call security on resort then please contact them via the operator or call 1799.

Emergencies (Property) If you have rented a property with us and you have a problem with the property that cannot be dealt with within office hours then contact the Barwell emergency number - 968175150.

Please note: that in certain instances, callout charges may be applicable. i.e loss of keys or keys left in the property etc.

F

Food The most famous dish in Spain has to be 'Paella'. It comes as seafood, 'Paella de Mariscos', meat 'Paella de Carne', or with both meat and fish 'Paella Mixta'. Seafood is a major part of the Spanish diet; many seafood restaurants keep refrigerated display cases in the front window. Fresh fish to look out for include Sea Bass (Dorada), Sea Bream (Lubina), Monkfish (Rape), Squid (Calamares), Grilled tuna steak (Atun a la plancha), Swordfish (Emperador), Sole (Lenguado), Sardines (Sardinas) and Clams (Almejas). Other specialties include Pimientos (filled peppers), Caldero (rice with fish).

G

Golf See Sports and Leisure pages.

Go-Karting There is a Go-Karting track situated on the main road between La Manga Club and Cabo de Palos fishing village. Please see "Leisure Activities" in the "Download Centre".

Gym The extensive gym at the Tennis Centre and at the Spa in Las Lomas has a wide range of the latest equipment with changing, shower and spa facilities

Please see "Spa at La Manga" for further details.

H

Hairdresser Situated in the Hyatt Hotel lobby. You can book directly but book early to avoid disappointment.

Health Issues No vaccinations are required for visitors to Spain coming from Britain. To avoid an upset stomach we recommend you drink bottled water.

Horse Riding See "Sporting Activities" in the "Download Centre".

Hospital See section under Emergency or Doctor

I

Insects Ants are deterred by local ant powders - remember to empty your rubbish at least once a day. Food should be covered and kept out of sight to deter stray field mice, fruit rats and hovering wasps. Deter mosquitoes with a good repellent. Spider's webs may quickly appear and dust resettles even after the properties have just been cleaned.

Information There is an Information Centre situated in the hotel lobby for resort and restaurant information

K

Keys Please refer to the sections relevant to you, i.e Hyatt Regency Hotel & Las Lomas Apartments or property information i.e. Villas and Apartments.

L

Language In La Manga Club, Spanish is spoken and English is understood in all of the restaurants, bars and most shops.

M

Mail Postcards and stamps can be purchased from various locations around the resort including the Hotel and Las Lomas. You can either post mail at the Hotel or Las Lomas reception or post boxes are situated in Bellaluz Square or the Owner's Clubhouse. There is a post office at Las Sabinas.

Medical For medical information, see section under Doctor. Medical costs are paid by the patient. If you are covered by a holiday insurance make sure that you get a receipt. Consultation charges are between 18 and 30 euros.

Medicines If you are taking medication for an illness, be sure that you have adequate supplies for the length of time that you are away. Always carry your medicines in your hand luggage on the aircraft. If you need treatment see Doctor section.

Mini Club See "Children's Activities" for further details regarding the Mini Club.

N

Newspapers Most British newspapers are available either after 5.00pm on the day of issue in the lobby shop at the Hotel or from the shops in Bellaluz and Las Lomas (summer only).

P

Passport A full 10 year British/EU passport is required. Please ensure that your passport is up to date and valid for 6 months past the date of entry into that country. For passport requirements for children contact the passport agency on 0870 5210 410 or www.passport.gov.uk.

Petrol There is a petrol station on resort opposite La Plaza. They accept credit cards and also have a small mini market. There are also petrol stations on the motorway on the way to La Manga strip and on the way to the airport. Unleaded is Sin Plomo and Diesel is Gas Oil

Pharmacy There is one pharmacies on resort which dispenses prescriptions located in Bellaluz and the other is at La Plaza.

Photography There are two shops on the resort selling camera films, postcards etc. One is at Las Lomas and the other at Bellaluz. The supermarket at Las Sabinas also provides cameras and film.

Pools Individual villa pools with heating will not be heated over 20°C. Residents of community villas and apartments have access to that community's pool and no other with the exception of the pool at El Oasis at the tennis centre.

Q

Questions & Queries Should you have any questions or queries whilst at the club please do not hesitate to contact our representatives in our office at Los Naranjos by calling in or by telephone during office hours on 968175150 or ext 4411.

R

Restaurants See "Restaurants and Bars" in our "Download Centre".

S

Security The resort does have a 24-hour security service based at the entrance gates to the resort. They constantly patrol the resort by car. They are not the local police although the 'Guardia Civil' often pass through the resort. If you need to contact the security (in case of disturbance etc.) please call ext. 1799 from an internal phone. These days, one always has to be careful about personal security therefore be alert to pickpockets and purse-snatchers in crowded tourist areas. If you are staying in the hotel a safe is provided in each room. Most private accommodation has safes that can be rented; please contact the managing agent of your property. We recommend that you take advantage of this offer. If staying in a villa or apartment, never leave accessible windows/patio doors open when you are not around.

Shopping See "Shopping on and off resort" in our "Download Centre".

T

Taxis If you need a taxi please ask at the Barwell office or at the Hotel or Las Lomas reception.

Telephone Calls To call the UK from Spain, wait for the dialing tone then dial 00 (international), 44 (country code for the UK) followed by the area code (without the first 0) and then the telephone number.

Time Difference Spain is 1 hour ahead of the UK.

Tipping Service charges are not usually included in any of the La Manga Club restaurants or the hotel. The usual tip is around 10% if the service has been good.

Transfers The transfer to La Manga Club takes approx 20 mins from Murcia Airport to the entrance of the resort.

Tennis See "Tennis" section on our website.